

701 David Drive • Metairie, LA 70003 (504) 733-3747

Locally Owned and Operated

Omelets

All omelets made with three eggs & served with grits or has & choice of GF toast or GF biscuit.		browns
	Triple Cheese Omelet Swiss, Mozzarella & American cheese	\$8.99
	Ham & Cheese Omelet Ham & American cheese	\$8.99
	Mediterranean Omelet Baby spinach, tomato, artichoke hearts, red onion, feta & mozzarella cheese	\$8.99
	California Omelet Grilled turkey, tomato, red onion, Swiss cheese	\$8.99
	Tex Mex Omelet Baby spinach, pickled jalapenos, roasted pork, pepperjack cheese & salsa	\$8.99
	Bacon & Tomato Omelet Crispy bacon, tomato & mozzarella cheese	\$8.99

— INGREDIENTS —

CHEESES • cheddar • mozzarella • Swiss • American • pepperjack • feta • parmesan

MEATS • bacon • ham • turkey • pork

Meat Lovers Breakfast

VEGGIES • red onions • mushrooms • bell peppers • fresh spinach • tomatoes • pickled jalapenos • lettuce • artichoke • avocado • carrots

> **ADDITIONAL INGREDIENTS:** .50 EACH

*\$1.00 extra for egg whites only *Add Spinach & tomato or avocado for 50¢

Breakfast Plates

Egg Plate	\$4.99
wo eggs scrambled with choice of grits or hash browns & choice of GF toast or GF biscuit	
Traditional Breakfast	\$6.49

Two eggs scrambled with choice of bacon, ham or turkey served with choice of grits or hash

browns & choice of GF toast or GF biscuit.

Two eggs scrambled served with bacon, ham & turkey & a choice of grits or hash browns & choice of GF toast or GF biscuit.

\$6.99 Lagniappe Breakfast

Two eggs scrambled served with bacon, ham or turkey, a choice of grits or hash browns, choice of GF toast or GF biscuit & tomato slices.

Lagniappe Grits \$4.75

Large bowl of grits topped with crisp bacon, scrambled eggs & cheddar cheese.

*\$1.00 extra for egg whites only *Add Spinach & tomato or avocado for 50¢

NOTE: As always, we take great care with all of our gluten free foods to prevent cross contamination, although we are not an entirely gluten free establishment.

Breakfast Hours

Monday - Friday Saturday Sunday 7:00a - 11:00am 9:00a - 11:00am Closed

www.drippnsip.com

Call ahead and we'll have it ready for you!

Low Cal Breakfast

Fit & Trim Sandwich	\$6.99

Two scrambled egg whites, baby spinach, sliced tomato, Swiss cheese fresh sliced avocado lavered on GF multigrain toast.

\$5.99 Egg Whites & Spinach

Bed of fresh spinach topped with fresh cracked pepper, red onion, extra virgin olive oil, cherry tomatoes, egg whites, choice of ham, bacon or turkey.

Low Carb Breakfast \$4.99

Three fresh cracked eggs scrambled to perfection served with sliced tomatoes & choice of ham, turkey or bacon.

\$3.99 **Yogurt & Fresh Fruit**

A cup of low fat, vanilla yogurt with Fresh seasonal fruit.

Fresh Fruit Mix m \$2.99; Lg \$4.99

Fresh cut seasonal fruit.

Breakfast Sandwiches

\$4.99 Classic Breakfast Sandwich

Toasted GF bread layered with scrambled eggs, choice of ham, bacon or turkey & cheese.

Breakfast Biscuit Sandwich

Toasted large GF biscuit layered with scrambled eggs, choice of ham, bacon or turkey & cheese.

Mediterranean \$6.99

Toasted GF multi grain bread, grilled turkey, baby spinach, sliced tomato, sliced red onion, fresh scrambled eggs & mozzarella cheese.

\$5.99

Toasted GF multigrain bread layered with crisp lettuce, sliced tomato, mayo, crisp bacon.

* Add Cheese .50¢ * Add Bacon .50¢ * Add Fresh Avocado .50¢

On The Side

Sliced Tomatoes	\$0.99
Avocado	\$0.50
One egg	\$1.19
Grits	\$1.50
Grilled Ham	\$2.00
Bacon (3)	\$1.50
Grilled Turkey	\$2.00
Hash Browns	\$2.00
GF Biscuit	\$2.25
GF Multigrain Toast	\$2.25
GF Chocolate Chip Muffin	\$2.50

Coffee

All of our hot and iced coffees are gluten free entirely gluten free (see the Coffee Menu on our website). Unfortunately, we are unable to frozen coffee gluten free at this time.